



Lunch

Menu

Animal Style

Turkey Club 8.95

(Diestel Turkey, bacon lettuce, tomato, mayo & 3 slices of toast)

the Tonya Wrap 8.95

(Diestel Turkey, bacon, avocado, lettuce, tomato & light red onion in a coconut wrap)

Italian Sandwich 8.95

(ham, hot capicola, prosciutto, provolone, pesto, mama's lil's on ciabatta bread)

***Dilly Tuna Organic Sandwich 9.95**

(oregon albacore tuna, apples, celery, mayo, mustard, dill & lettuce on bread)

***Organic Chicken Salad Sandwich 9.95**

(Smart Chicken, cranberries, celery, scallion, walnuts, mayo & lettuce on bread)

***Build it -Wrap it 8.95**

Roast beef or Turkey or Ham ,Swiss ,Cheddar any and all veggies

Grilled Cheese or *1/2 Sandwich* 4.50

(Sandwiches with a * Are available as a 1/2 sandwich)

Add-Ons

Avocado, Organic 1.50

Bacon, Uncured 1.50

Chicken, Organic 3.00

Smoked Salmon 3.00

Plant Based & all Organic

The Benevolent Burrito 8.95

(cabbage & carrot slaw, black bean corn salsa & avocado in a flour wrap)

Big Easy Sandwich 9.95

(roasted veggies, olive-sun dried tomato tapenade, greens & garlic herbed aioli on ciabatta bread)

Radical Ruben Sandwich 9.95

(marinated tempeh, kraut, cashew-sunflower cheese & 1000 island on rye)

***Tempeh B.L.A.T. Sandwich 7.95**

(tempe bacon, lettuce, avocado, tomato & veganaise on toast)

***Typical Veggie Sandwich 7.95**

(avacado, hummus, cucumber, red onion, tomato & greens on bread)

Soups of the Day . . . 8oz 3.99 16oz 5.99

Organic Salads

Beet Salad 7.95

(greens, roasted beets, hazelnuts, hemp seeds & vegan dill ranch dressing)

Caesar Salad 7.95

(greens, shredded parmesan & croûtons in cesar dressing)

Gardentastic Salad 7.95

(veggies galore atop greens in garlic mustard vinaigrette)

Kale Quinoa Salad 9.95

(Generous Kale tossed in Tahini Dressing topped with Quinoa)

Mediterranean Salad 7.95

(greens, cucumber, tomato, red onion, kalamata olives & feta in balsamic vinaigrette)

Simple Green Salad 3.95

(a half sized salad with cucumbers & balsamic vinaigrette)

Farm Stand in the Gorge m-f 7am-8pm sun 9am-6pm sat 8pm

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