

SMOOTHIE MENU

SuperFood Smoothies 16 oz. 6.50 *Organic or Wild-crafted*

Crazy Cacao Banana

(Banana, Mango, Cacao, Plant Protein, Coconut Milk & Stevia)

Happy Belly Blueberry

(Blueberries, Vital Whey Protein, Kefir, raw Cacao & Stevia)

Super Green Dreamer

(Berries, Banana, Kale, Plant Protein, Chlorella, Coconut Milk & Kombucha)

Fruit Smoothies 16 oz. 5.25

Acai Activator

(Acai, Strawberries, Bananas, & Apple Juice)

El Tropicoso

(Mango, Banana, Pineapple, Cucumber & Coconut Milk)

Green Dream

(Berries, Banana, Kale, Chlorella, Coconut Milk & Apple Juice)

PB & J (Elvis Style)

(Peanut Butter, Strawberries, Bananas, Coconut Milk & Apple Juice)

Add Protein to any Smoothie for \$1.25

(Vital Whey, Collagen Protein or Collagelatin)

SuperFood Boosters listed on back

A little about the SuperFoods options available . . .

~ Add 50 cents per Boost ~

Maca:

~ Increased Energy, Stamina & Endurance
 ~ an Aphrodisiac, Improved Libido & Fertility
 ~ for Mental Clarity, Focus & Memory
 ~ Balances Hormones & Reduces depression
 ~ for Beautiful Skin & Strong Teeth / Bones

Ashwagandha:

~ an Immune Booster & Stress Reducer
 ~ Lowers Cholesterol & Stabilizes Blood Sugar
 ~ Improves Learning, Memory & Reaction Time
 ~ Enhances Sexual Potency for Women & Men

He Shou Wu :

~ Strengthen Immunity & Introduce Bliss
 ~ Youthen & Beautify the Body
 ~ Recharge Adrenals & Build Sexual Vitality

Chlorella:

~ Detoxes Body from heavy Metals & Radiation
 ~ Awesome Source of Green Chlorophyll
 ~ Super High in Vitamin A & Iron

Raw Cacao:

~ Greek for "Food of the Gods"
 ~ A Feel Good Mood & Energy Enhancer
 ~ Best Ever source of Iron & Magnesium
 ~ Antioxidant! 27x Higher ORAC than Blueberries

Immune Defense

~ Myco Formulas Full Spectrum Mushrooms 1000 mg
 ~ Royal Sun Agaric, Cordyceps, Reishi, Lion's Mane,
 . Chaga, Shiitake, Oyster, Tuckahoe & Turkey Tail



Farm Stand in the Gorge

Serving Great Organic Food, Produce & Grocery

From 7am to 8pm M-F, 9am -8pm sat, 9-6 sun

1009 12th St. Hood River, OR 541-386-4203